

Local Dr. Offers 24-Hour Breast Implants Recovery

Local Dr. Offers 24-Hour Breast Implants Recovery DALLAS (CBS 11 News) — Since the design of the first silicone breast implant in the 1960's, there has been no major developments with the device until now. An Oak Cliff plastic surgeon has created what he says is the most studied breast implant ever.

For more than 40 years Janet Liljestrand has fought hard to stay fit. She works out every day and lifts weights, but she says the weight on one body part just 'wouldn't budge'. So the former gymnast, now wife and mother of two, started stashing money in her sock drawer to pay for breast augmentation surgery.

"I just want to feel good about myself," Janet explained. "The only part of a woman's body you cannot change by exercising and eating is your breasts."

As Janet did her homework, researching the various implants and techniques, she learned about the new "Style 410" breast implant, developed by [Oak Cliff Plastic Surgeon John Tebbetts](#).

The "410" is the only implant in history that stimulated the development of techniques that allow us to let people recover in 24 hours and be out to dinner the night of surgery," Tebbetts said proudly.

The 410, otherwise known as the 'Gummy Bear Implant', is a shaped, form-stable, cohesive gel implant. If the latter is cut, Tebbetts explained, it will not move around as much as an implant with liquid gel.

According to Tebbetts, the 410 is the most studied implant ever; first studied in Europe for 15 years and now in its ninth year of study in the United States.

The implant is only available under the watchful eye of 150 participating U.S. surgeons and requires a 10 year-commitment from patients to provide long-term data to the [Food and Drug Administration](#).

"I designed this to make it better for the patient," said Tebbetts. "One, make a device that lasts longer so they have fewer re-operations through their lifetime. Two, when the shell fails, the gel filler is less likely to migrate anywhere. And three, make a device that has a lower complication and reoperation rate."

CBS 11 News followed Janet into surgery, and through recovery, to see the 410's results -- and if the 24 hour recovery time was realistic. The surgery lasted roughly 20 minutes and there was little to no bleeding. During the procedure Tebbetts inserted the style 410's through small incisions under Janet's breast folds, and sealed them with internal stitches. After the procedure, Janet headed home. (read the rest on CBS's website <http://cbs11tv.com/local/410.breast.implants.2.1010983.html>)

About the Author

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Source: <http://www.breast-implants-info.com>